VALEDIN®

Valerian 500mg capsules

**Composition:** Each capsule contains Valerian Extracts 500mg.

**Indications:**

* **Insomnia**
* **Anxiety**
* **Nervous excitation**
* **Sleep disorders**
* **Lack of concentration**
* **Restlessness based on nervous disorder**

**Dosage & Administration:**  
1 capsule once times daily 1-2 hours before bed time or as advised by the physician

**Pack Size:**

Valedin® 500mg capsule: Each box contains 10×3 capsules in Alu-Alu blister pack